



## Coaching Readiness Scale

[www.dempcoaching.com](http://www.dempcoaching.com)

Phone 248-740-3231

Fax 248-740-3232 [Barry@DempCoaching.com](mailto:Barry@DempCoaching.com)

**Your Name:**

**Today's Date:**

**Company:**

**Phone Number:**

Please rate yourself on a scale of one to five (1=disagree to 5=strongly agree) on each of the following statements.

Rating	Topic
	I believe I am capable of having a life and career I truly desire.
	I am open to doing things in new and different ways to be successful.
	I am known for my courage, loyalty, integrity, and work ethic.
	I am an optimistic person.
	I am completely accountable for the results I produce.
	I have a clear view of where I am and where I want to go in life.
	I work well with others.
	Creating and sustaining relationships are strengths.
	I live my life true to my values.
	I am willing to take the lead on issues that are important to me.
	I know I have unrealized potential.
	I am able to work outside my comfort zone.
	I have people in my life committed to my success.
	I want a very high quality of life.
	Producing quantifiable results is very important to me.
	I am a person that you can rely on.
	Money is not the highest priority in my life.
	I am strongly committed to my personal development.
	I am able to bounce back from setbacks.
	I am open to and welcome the contributions of others.

For more information on Barry Demp and services provided by the Barry Demp Coaching team, please visit [www.DempCoaching.com](http://www.DempCoaching.com).



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