Six Coaching Questions

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Your Name: **Today's Date:**

Company: **Phone Number:**

1. What is working or going well in your professional and personal life?

2. What is not working or where you would like it to be in your professional and personal life?

3. What is predictable in your professional and personal life given the course you are on?

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4. What breakthrough results are you committed to producing in your professional and personal life?

5. What challenges and obstacles are you currently facing in these areas?

6. What are the priority areas where you could most benefit from coaching?

For more information on Barry Demp and services provided by the Barry Demp Coaching team, please visit www.DempCoaching.com.

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